



The Incredible Years

Promoting Responsive and Sensitive Parenting

Be part of the group!

Discover how to improve communication with your child and encourage a positive relationship with them.

For parents of children aged 3-8 years old.



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Information about the group:

- Daycare provided (must register in advance).
- Snacks served for parents and children.
- An opportunity to share with other parents.
- **Workshop content:**
 - Positive parenting;
 - Setting age appropriate limits and expectations;
 - Emotional regulation ;
 - Encouraging positive behaviours;
 - And much more!

For more information or to register, contact:

**info@familleargenteuil.org
450-562-0503**



Centre de pédiatrie sociale
en communauté d'Argenteuil
Argenteuil Community
Social Pediatric Center



Maison de la famille
Au cœur des générations
d'Argenteuil



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